



<https://africanjournalofbiomedicalresearch.com/index.php/AJBR>

Afr. J. Biomed. Res. Vol. 27(5s) (December 2024); 778-780

Research Article

## Approach Of Homoeopathic Medicine in Management of Psoriasis: Review

Dr. Kamaxi Sunit Shirode<sup>1\*</sup>, Dr. Nisha Sisodia<sup>2</sup>

<sup>1</sup>M.D.(HOM), Ph.D. (Homoeopathy) (Scholar), Tantia University, Sri Ganganagar (Raj.)

<sup>2</sup>M.D.(HOM), Research Supervisor, Asso. Prof., Deptt. of Obs. & Gyn., Faculty of Homoeopathy, Tantia University, Sri Ganganagar (Raj.)

\*Corresponding Author- Dr. Kamaxi Sunit Shirode

\*Assistant Prof., Lokmānyā Homoeopathic Medical College, Shridharnagar, Chinchwad, Pune-33

\*Director, Samiksha Harmony Homoeopathic Clinic, Rahatani Road, Pimple Saudagar, Pune-27

### ABSTRACT

Psoriasis is a chronic dermatosis, which affects physical as well also disturb psychological and social life of patient. The main cause of Psoriasis is stress. Environmental and genetic factors also affected to disease pathogenesis and disturb the life style pattern. The role of homoeopathy in treatment of Psoriasis is safer and curable.

**Keywords:** Psoriasis, Homoeopathy.

Received: Accepted:

DOI: <https://doi.org/10.53555/AJBR.v27i5S.6853>

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### Introduction

Psoriasis is a chronic dermatosis, characterized by an unpredictable course of remission and relapses and presence at typical sites of well-defined, erythematous, indurates papules and plaques, which are surmounted by large, loose, lamellar silvery scales (1).

- emotional stress
- upper respiratory tract infection and drugs like beta-blockers,
- lithium and chloroquine.
- pustular psoriasis- withdrawal of systemic steroid leads to precipitation of pustular psoriasis.

### Epidemiology

- Prevalence: roughly 1% of population affected, but < 50% require aggressive treatment.
- Age of onset: any age.
- Sex: Males=females.
- season: worse in winter (1)

### Review of literature.

#### ETIOPATHOGENESIS

Psoriasis is an immunological disease characterized by interplay of cellular components and signaling molecules, influenced by genetic and environmental factors (1). The lesion distribution is symmetrical

### Trigger factors:

It is chronic disease marked by periods of remissions and exacerbations; remissions may be last for few weeks to many years. Triggering factors are followings:

- trauma (kobner phenomenon)
- season (worsens in winter)

### CLASSIFICATION:

- 1.Chronic plaque psoriasis.
- 2.Guttate psoriasis.
- 3.Pustular psoriasis.