

Subject: Report on International Yoga Week Celebration from 13 to 21 June 2026 by LSFPEF's Lokmanya Homeopathic Medical College, Chinchwad
Theme: Yoga for Healthy Aging

Key Outcomes:

- Total Events: 5 programs from 13 to 21 June 2026
- Participation: 200+ students, 45+ teachers, 30+ hospital staff
- Locations: LHMC Campus, College
- Theme Alignment: Asanas for joint mobility, balance, respiratory health, and meditation for cognitive wellness

